

SELF-GUIDED COURSE



WELLSPRINGS OF FREEDOM INTERNATIONAL

People of Prayer Series

PRAYING WITH AUTHORITY

PRAYING BOLDLY IN THE POWER OF CHRIST'S AUTHORITY

Class Five Reflection Exercises: “Walking Daily in Authority & Intimacy with God”

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This exercise is designed to help you personally apply the foundational truths from Class Five: “Walking Daily in Authority & Intimacy with God” in the “Praying with Authority” course.

1. Self-Inventory: Authority vs. Intimacy

Take 5–10 minutes to reflect and journal your honest answers:

- Do I tend to focus more on what I want God to do or on being with Him?
- When I pray “in Jesus’ name,” am I aligned with His heart and mission—or using His name like a formula?
- What’s one area of my life where I’ve been trying to exert spiritual authority without real intimacy?

2. Bible Encounter Practice

Choose one scripture from John 15:1–8, Luke 10:17–20, or John 5:19–23.

Exercise:

- Read the passage slowly out loud.
- Underline phrases that describe intimacy or authority.
- Write a short prayer based on what God speaks to you through it.

3. “Just Like Jesus” Prayer Rhythm

Set a daily rhythm for prayer modeled after Jesus’ habit of withdrawing to quiet places.

Try one of the following this week:

- Early morning (Mark 1:35)
- After ministry time (Matthew 14:23)
- Before a big decision (Luke 6:12–13)

Commitment:

Write when and where you'll try this. Keep it short and simple—aim for consistency, not perfection.

4. Holy Spirit Auto-Correct

Think of something you're currently unsure how to pray about. Spend 5 minutes in silence before God, simply saying:

- “Holy Spirit, help me pray in line with the Father’s heart.”
- Then pray simply and honestly—no pressure to get it right. Afterwards, reflect:
- What emotions or impressions came up?
- Did any Scripture or thought surface?

5. Name of Jesus Discernment Test

Reflect on the difference between using Jesus’ name with authority vs. using it like an incantation.

Exercise:

- Write a sample prayer for someone in crisis.
- Then ask: “Is this prayer grounded in my relationship with Christ? Am I acting as His representative or just making demands?”

Reflection Question:

“How can we help each other pray ‘in Jesus’ name’ in a way that reflects His will and not just our wishes?”

7. Ask Boldly, Walk Closely

Jesus said, “Ask in my name, and I will do it...so that the Son can bring glory to the Father.”

Exercise:

- Write down a prayer request that:
- Aligns with God's heart
- Would bring glory to the Father
- Requires God's power, not your striving

Pray it daily for one week, trusting God for His response and timing. Keep a journal of what happens—externally or internally.